



Help Us Combat Food Insecurity One Donation At A Time!

**Short on Time?
You Can Still
Make an Impact!**

Scan the QR code to make a monetary donation directly to Soldiers' Angels.



Most-Needed Food Items: (No expired food items)

Shelf-Stable Proteins & Spreads

- Peanut butter
- Jelly (or jam)
- Canned tuna, chicken, or salmon
- Canned beans (black, kidney, pinto, chickpeas, etc.)
- Dry beans and lentils

Grains & Staples

- Rice (white, brown, or instant)
- Pasta and pasta sauce
- Macaroni and cheese
- Instant noodles or ramen
- Oats and oatmeal packets
- Instant Mashed Potatoes

Meal Kit Items

- Hamburger Helper/Skillets
- Chicken Skillets
- Tuna Helper/Skillets

Cooking Essentials

- Flour, sugar, and cornmeal
- Cooking oil (vegetable, olive, canola)
- Shelf-stable broth (chicken, beef, vegetable)
- Spices and seasonings (salt, pepper, garlic powder, etc.)

Frozen Items

- 1 - 3 pound ground beef chubs
- Ribs
- Chuck Roast
- Steak
- Chicken Breast
- Pork Loins
- Other frozen meat products easy to freeze and store

Canned Goods

- Canned Vegetables (corn, green beans, peas, carrots)
- Canned Fruit
- Soups and stews
- Chili or hearty canned meals
- Tomato products (diced, sauce, paste)
- Canned soups

Breakfast & Snacks

- Cereal
- Granola bars or snack bars
- Crackers
- Applesauce cups or fruit cups
- Shelf-stable milk (boxed or powdered)
- Condensed milk
- Oatmeal (box or single serve packages)

Specialty & Dietary Options

- Gluten-free pasta or rice
- Low-sodium canned items
- Baby formula and baby food
- Coffee and tea

Holiday Items (months of November and December)

- Fried Onions
- Cream of mushroom and/or chicken soup
- Canned cranberries
- Canned gravy
- Canned fruit
- Canned vegetables, (carrots, peas, corn, pumpkin, green beans, sweet potatoes)
- Evaporated milk
- Stuffing
- Pie crust