

Trach/Stoma Bib Instructions

Use #10 white or cream colored Crochet Cotton Thread (like for bedspreads) and a size 5 hook. Chain 51 stitches.

Row 1 Double crochet in 4th chain from hook and across the entire chain (48 dc), chain 4, turn
Rows 2-18, double crochet, chain 1, skip next dc.....etc across row. (row 18 SHOULD be about 5 inches -- if not, do more!)

Final 2 rows - Double crochet in each double crochet and chain across. (This makes a firmer lower border)

Center finished piece on 30 inches of twill tape (cotton -- 1/2-3/4 inch wide tape) and sew both edges to the bib. This should leave ties about 12 inches on each side for ties. They look like airy gauze.

