HOW TO USE A COOL SCARF FROM SOLDIERS' ANGELS

What is a Cool Scarf?

The Cool Scarf is great for use with any activity that raises body temperature to an uncomfortable level. Cool scarves are an outstanding way to stay cool when the temperatures break the 100 degree mark—In the middle of the summer temperatures can reach into the 120s and 130s.

Hot temperatures can make you feel lazy, tired, and unmotivated. But in a highly dangerous environment it is important to remain on the top of your game at all times. The cooling scarf will continue to keep you cool for up to 15 hours, allowing you to remain focused and energized.

The "magic" in these cooling scarves comes from hundreds of tiny, hidden, non-toxic polymer crystals that hold up to 400 times their weight in water. These crystals are concealed in the casing of a cotton neck scarf.

When you soak your cooling scarf in water for 15-30 minutes, the granules absorb the water, expand, and turn into a crystalline gel. The cool scarf stays moist for hours due to the polyacrylamide's water-retaining properties, and can lower the body temperature by several degrees. So, not only will you FEEL cooler, you will actually BE cooler!

Using a Cool Scarf

- Soak in cold or ice water 15-30 minutes until crystals turn to gel. Avoid over soaking.
- Distribute gel along the casing with your fingers (lay the scarf on a hand towel to absorb any dripping water)
- Tie the scarf loosely around your neck.
- To keep the casing cool while wearing, roll it to redistribute the gel or dip it in cold water for a few minutes.
  You can also refrigerate extra cooling scarves--when one scarf reaches body temperature, swap it for a cool one.
- Storing
  Store wet scarves in an open plastic bag, hang them to dry, or store them in the refrigerator. After several days of drying, the crystals will return to solid form.
- Washing
  Hand-wash cool scarves using a few drops of liquid detergent. Rinse well and hang to dry. Don't machine-wash or dry. Press the casing only after the gel is completely crystallized. Shake the crystals to one end of the casing to press the opposite end. Then flip and repeat. Don't iron the crystals or expose them to iron temperatures.